



# LITE LUNCH

AVAILABLE MON - FRI, 12NOON - 4PM - ALL DISHES £9.95

## **KOREAN CHICKEN RICE BOWL**

Tender marinated chicken, glazed with a sweet and spicy Korean-inspired sauce. Served over a bed of fluffy basmati rice, accompanied by crisp vegetables, pickled radish, and a sprinkle of sesame seeds.

## **ANCHOR FISH PIE**

A hearty and comforting dish featuring a selection of the finest fresh fish, including cod, salmon, and smoked haddock, gently poached in a rich, creamy white sauce. Topped with smooth, buttery mashed potatoes and baked to golden perfection.

## **BBQ PULLED PORK**

Slow-cooked, tender pulled pork, marinated in a smoky, tangy BBQ sauce, piled high on a toasted brioche bun. Served with crispy coleslaw and a side of seasoned fries.

## **QUESADILLA TOASTED TORTILLAS**

Served with skinny fries and coleslaw.

*-Ham, smoked applewood cheese and tomato.*

*-Grilled chicken, BBQ and cheese.*

*-Sun dried tomato, cheese and pesto.*

## **BUTCHERS PORK AND LEEK SAUSAGE**

Locally sourced pork and leek sausages, grilled and served on a generous helping of smooth mashed potatoes. Accompanied by a rich and savoury red onion gravy

## **FALAFEL PITTA POCKETS**

Crispy, golden falafel balls, made with a blend of chickpeas, herbs, and spices, nestled in warm pitta pockets. Filled with fresh lettuce, cucumber, tomatoes, and drizzled with a tangy tahini sauce. Served with a side of zesty hummus.

## **GRILLED STEAK AND MUSTARD CIABATTA**

Succulent slices of tender grilled steak, served in a warm, crusty ciabatta. Layered with peppery rocket, caramelised onions, and a generous spread of wholegrain mustard for a burst of flavour.

## **CHICKEN GOUJON WRAP**

Crispy chicken wrapped in a warm tortilla with fresh lettuce, tomato and a zesty mayo